

## Breakfast

Served until 10:30am

	Energy per portion		Vegetarian	Cereals containing gluten																			
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
<b>Bacon &amp; Egg McMuffin®</b>	1456	348		x	x									*	x	x							
<b>Sausage &amp; Egg McMuffin®</b>	1797	430		x	x									*	x	x							
<b>Double Bacon &amp; Egg McMuffin®</b>	1676	401		x	x									*	x	x							
<b>Double Sausage &amp; Egg McMuffin®</b>	2358	565		x	x									*	x	x							
<b>Pancakes &amp; Syrup</b>	2019	477	V	x											x	x							
<b>Pancakes with Sausage &amp; Syrup</b>	2580	612		x											x	x							
<b>Flahavan's Porridge Oats (Plain) with Milk</b>	795	190	V	*	*	*	x								x								
<b>Hash Brown†</b>	568	136	V																				
<b>Bacon &amp; Cheese Toastie</b>	920	220		x						x				*	x	*							
<b>Ham &amp; Cheese Toastie</b>	858	205		x						x				*	x	*							
<b>Cheese Toastie</b>	1025	245		x						x				*	x	*							
<b>Breakfast Roll with Brown Sauce</b>	2188	522		x	x	x				x				*	x	x							
<b>Breakfast Roll with Tomato Ketchup</b>	2178	520		x	*	*								*	x	x							
<b>Muffin and Jam with Butter</b>	957	227	V	x	x									*	x								

## Great Tastes of America 2019

1st May to 25th June 2019

	Energy per portion		Vegetarian	Cereals containing gluten																			
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
<b>The New York Stack</b>	3256	780		x	*	*								x	x	x					x		
<b>The Mississippi Stack</b>	2734	654		x	*	*								*	x			x					
<b>The Nashville Chicken</b>	2852	681		x	*	*								x	x	x		x			x		
<b>The Kansas City Stack</b>	2921	698		x	*	x				x				*	x								
<b>The South Carolina Stack</b>	2766	667		x	*	*								*	x			x			x		
<b>The Alabama Chicken</b>	2708	647		x	*	*								x	x	x		x			x		
<b>Nacho Cheese Wedges</b>	968	233		x											x			*			*		
<b>Sour Cream &amp; Chive Dip - 25ml</b>	280	68	V												x	x							
<b>Aero® McFlurry®</b>	1468	349	V	*	*	*				*					x								
<b>Mini Aero® McFlurry®</b>	734	175	V	*	*	*				*					x								
<b>Aero® Peppermint McFlurry®</b>	1512	359	V	*	*	*				*					x								
<b>Mini Aero® Peppermint McFlurry®</b>	756	180	V	*	*	*				*					x								

## McCafé Iced

1st May to 24th September 2019

	Energy per portion		Vegetarian	Cereals containing gluten																			
	kJ	kcal		Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	
<b>Raspberry Ripple Iced Cooler</b> <small>REGULAR</small>	1125	268	V												x								
<b>Raspberry Ripple Iced Cooler</b> <small>LARGE</small>	1357	324	V												x								
<b>Millionaire's Iced Frappé</b> <small>REGULAR</small>	1199	286	V	*	*	*				*					x								
<b>Millionaire's Iced Frappé</b> <small>LARGE</small>	1452	347	V	*	*	*				*					x								

Information correct at time of print, April 2019.

V = Suitable for vegetarians. X = Contains indicated allergen. \* = May contain traces of indicated allergen (presence cannot be excluded). † Please note our Fries and Hash Browns may be cooked in the same oil as the other vegetarian products. 0 = Zero amount present or less than 0.5% RI. RI = Reference Intake. We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate we cannot guarantee any item is allergen free. While there are no nut or peanut ingredients in the products listed on this leaflet we can't guarantee that our food is completely nut or peanut free. Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet applies to Ireland only and is subject to change without notice. Please check [www.mcdonalds.ie](http://www.mcdonalds.ie) for the most up-to-date information.



**We only use 100% Irish Beef.**

Oh, and a pinch of salt and pepper.



**We only use 100% Irish milk for our teas, coffees and Happy Meal® milk bottles**



**We only use 100% chicken breast meat.**

Across our whole range.

**We also shell out for over two million eggs every year, from Greenfield Foods in Co. Monaghan.**



**Some tasty food facts**  
**Allergen Information for Customers**



**Valid from 1st May 2019 for the duration of the Great Tastes of America Promotion**

