



## Main Menu

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Big Mac®	2125	508	x	*	*						x	x	x						x		
Quarter Pounder™ with Cheese	2168	518	x	*	*						x	x							x		
Filet-o-Fish®	1379	329	x								*	x	x	x					x		
McChicken® Sandwich	1627	388	x	*	*						x	*	x				*		x		
Chicken McNuggets® x 6	1083	259	x									*	*				x		*		
Chicken McNuggets® x 9	1625	388	x									*	*				x		*		
Chicken McNuggets x 20 Sharebox	3612	863	x									*	*				x		*		
Chicken Legend - Cool Mayo	2220	529	x	x	x						*	x	x				x		x		
Chicken Legend - BBQ	2038	484	x	x	x						*	x	x				x		x		
Chicken Legend - Hot & Spicy Mayo	2177	519	x	x	x						*	x	x				x		x		
Chicken Selects® x 3	1502	359	x									*	*				x		*		
Chicken Selects® x 5	2504	599	x									*	*				x		*		
Hamburger	1053	250	x	*	*						*	*							x		
Cheeseburger	1262	301	x	*	*						*	x							x		
Double Cheeseburger	1859	445	x	*	*						*	x							x		
Mayo Chicken	1337	319	x	*	*						*	*	x				*		x		
Chicken Bacon	1575	380	x	*	*						x	*	x				*		x		
Spicy Vegetable Deluxe	1729	412	x	*	*						x	*	x						x		

## The Signature Collection

Only available in selected stores

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
The Classic	2918	698	x	*	*						*	x	x						x		
The BBQ	3265	782	x	*	*						*	x	x						x		
The Spicy	2658	635	x	*	*						*	x	x						x		

## Happy Meal®

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Hamburger	1053	250	x	*	*						*	*							x		
Cheeseburger	1262	301	x	*	*						*	x							x		
Chicken McNuggets® x 4	722	173	x								*	*	*				x		*		
Fish Fingers x 3	813	194	x											x							
Crispy Chicken Wrap	1023	243	x	*	*						*	*	*				x		*		
Fries	990	237																			
Fruit Bag - Apple & Grape	194	46																			
Carrot Sticks	141	34																			
Low Fat Irish Milk - 250ml	512	122										x									
Robinsons Fruit Juice	40	10																			
Tropicana® Orange Juice	455	108																			

## Fries

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Small	990	237																			
Medium	1410	337																			
Large	1855	444																			
Twisty Fries	2176	520																			

## Salads

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Shaker Side Salad	77	18																			
Crispy Chicken & Bacon Salad	1265	302	x										x	x			x		x		
Crispy Chicken Salad	1109	265	x										x	x			x		x		
Grilled Chicken & Bacon Salad	674	160	*										*	*			*		*		
Grilled Chicken Salad	518	123	*										*	*			*		*		
Balsamic Dressing - 30g	107	26																			
Fajita Dressing - 30g	87	21																			

## Big Flavour Wraps

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
The Garlic Mayo Chicken One	CRISPY	2009	479	x	*	*						*	x	x			x		x		
	GRILLED	1451	345	x	*	*						*	x	x			*	*	x		
The Sweet Chilli Chicken One	CRISPY	1990	474	x	*	*						*	*	x			x		x		
	GRILLED	1391	330	x	*	*						*	*	x			*		x		
The BBQ Chicken & Bacon One	CRISPY	2116	504	x	*	*						*	*	x			x		x		
	GRILLED	1517	360	x	*	*						*	*	x			*	*	x		
The Hot Peri Peri Chicken One	CRISPY	2067	493	x	*	*						*	x	*			x		x		
	GRILLED	1468	348	x	*	*						*	x	*			x		*		

## Condiments & Sauces

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Tomato Ketchup	10g	50	12																		
Mayo Dip	20g	511	124											x					x		
BBQ Dip	30g	207	49																x		
Sweet Curry Dip	30g	213	50														x		x		
Sweet & Sour Dip	30g	185	44	x		x			x								x				
Smoky BBQ Dip	50g	357	84																		
Sweet Chilli Dip	50g	453	107																		
Sour Cream & Chive Dip	50g	578	140																		
Butter	7g	208	51											x	x						
Strawberry Jam	15g	167	39										x								
Pancake Syrup	40g	560	132																		
Balsamic Dressing	30g	107	26																		

## Desserts

	Energy per portion		Cereals containing gluten																		
	kJ	kCal	Wheat	Rye	Barley	Oats	Spelt	Kamut	Soya	Nuts**	Peanuts**	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin
Blueberry Muffin	1663	395	x						*				x	x							
Chocolate Muffin	2137	511	x						x				x	x							
Triple Chocolate Cookie	1500	359	x						x				x	x							
Sugar Donut	789	189	x						x				*	x							
Chocolatey Donut	1064	254	x						*				x	x							
Hot Apple Pie	1043	250	x										*								
Strawberry Sundae	1231	292												x							
Caramel Sundae	1449	350												x							
Hot Fudge Sundae	1464	350												x							
McFlurry® Cadbury® Dairy Milk	1643	392												x							
McFlurry® Cadbury® Crunchie	156																				